Eligibility

Case Management consultations are available to all members of the Cupertino Senior Center.

Case management services are available to frail, homebound seniors age 50 and above that reside in Cupertino.

The amount of time and services that can be provided to case management clients will depend on case manager availability and case load.

For an appointment call:
(408) 777-3155 or
(408) 777-3157

Case managers provide resources to support many concerns, including:

- Transportation
- Having adequate food
- Accessing medical services
- Understanding health insurance and public benefits
- Legal assistance resources
- Affordable housing resources
- Accessibility and safety issues in the home
- Resources for utilities and energy assistance
- Home care assistance referrals
- Understanding the process of hiring in-home help
- Family caregiver support

Cupertino Senior Center
21251 Steven Creek Blvd.
Cupertino, CA 95014
(408) 777-3150
What does a Case Manager do?

Provide education to client, family and caregivers about the many aspects of long term care

Identify and provide referrals to community resources

Conduct an assessment of the older adult’s current living arrangement and care needs and make recommendations for appropriate facility or in-home care given the senior’s circumstances and wishes.

Provide support and guidance to the family to resolve care problems and advocate for quality care for their loved one with in-home care providers, assisted living facilities, long-term care facilities, hospitals and medical professionals.

Who could benefit from

Senior Center case managers provide the link that is absolutely vital to allowing frail seniors to maintain their independence while avoiding premature institutional care. These case managers help the at-risk individuals understand the varied community services that are available to them, and then guide them through the steps required to obtain those services to help the older adult maintain the highest quality of life.

Case Management Services

There are many services and resources available to seniors in Santa Clara County. But navigating the system to locate and receive them can be overwhelming.

In addition seniors are often faced with chronic or catastrophic circumstances that stress their coping skills, personal/financial resources, and functional abilities.

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Case Management Services?

Seniors who live alone, are socially isolated, or are experiencing a loss of interest in socializing with family and friends or a loss of interest in outside activities

Seniors with little family communications, complex family dynamics, or no family living nearby

Seniors with cognitive, psychological, and/or behavioral concerns such as increased forgetfulness, memory loss, increased crying, depression, or irritability,

Seniors with safety concerns such as falls, fire hazards, or driving difficulties, especially if they result in frequent emergency room visits

Seniors and families who want education about long-term care options

Seniors with a current health crisis or with complex health issues such as recent hospitalizations, multiple diagnoses, and frequent medication changes