Quick Guide To Bike Commuting

THE BIKE
Any bike will work, just make sure that it is the correct size!
Check out a few different styles:

**Hybrid Bike**
- Comfortable
- Greater Carrying Capacity
- Best for 1-5 Mile Rides

**Road Bike**
- Less Comfortable
- Best for Speed
- Best on Paved Surfaces

**Mountain Bike**
- Larger Tires
- Suspension
- Best for Rougher Rides

The Gear
- Helmet
- Comfortable Clothes
- Lights & Reflectors
- Bike Tools
- Spares Tubes
- Hand Pump

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