



BE READY

Personal Emergency Preparedness Workshop

Learn simple, basic safety skills to keep your home and family safe!

- ✓ When and how to turn off the gas
- ✓ How to use a fire extinguisher
- ✓ What to do when phones don't work
- ✓ How to manage when the power is out
- ✓ Earthquake emergency supplies
- ✓ What to do about pandemic flu
- ✓ Medical aid for the first five minutes after event
- ✓ Community Emergency Response information

Only 3 hours!
Only one day!

Are You Prepared ?

For current schedule, go to

<http://reg4fun.cupertino.org/econnect>

Click on "Activities"

Click on "Adult"

Click on "Emergency Preparedness"

Click on the underlined workshop title for dates

Free!

To Register:

Return the registration form to:
Parks & Recreation OR register online at

<http://reg4fun.cupertino.org/econnect>



*Help yourself... Help your family...
Help your community!*

Sponsored by the Cupertino Office of Emergency Services 777-3335 and
the Santa Clara County Fire Department